Weekly monitoring note of raw material and consumer food product prices

Week of August 3-9, 2026

By GECAM

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Introduction

The week of August 3-9, 2026, was marked by contrasting commodity price movements, reflecting adjustments linked to the global economic outlook. These movements indicate an easing of energy markets and lower import costs, which could contribute to a slowdown in inflationary pressures on importing economies.

1. Evolution of commodity prices

The week's commodity price performance was characterized by a generally very favorable environment, primarily marked by a reduction in energy costs following the significant drop in oil prices (nearly -7%). On the export front, potential revenues were boosted by the spectacular surge in cocoa (+13.81%), while precious metals such as gold (+3.16%) and silver (+5.16%) confirmed their strong upward momentum. At the same time, inflationary pressure on imports eased thanks to the notable decrease in fertilizers (-4.68%) and staple foods (wheat, corn, soybeans), providing relief on production and supply costs, despite the isolated increase in rice (+3.07%) and the strengthening of industrial copper (+3.33%).

Table 1: Overview of raw material prices

Materials	Average Course N	Average Course N	Variation N/N-1	Highest Price	Lowest Price	Observation
August 2026	**July 27th to August 2nd**	**August 3rd to 9th**	**%**	**H**	**B**	
Energy						
Brent crude oil ($/Barrel)	88,358	81.6	-7.65%	83.75	78.86	▼ Sharp decline
Crude oil - WTI (per barrel)	82.84	77,136	-6.89%	79.91	75.02	▼ Moderate decrease
Natural gas (/kWh)	800.08	791.29	-1.10%	814.74	773.71	▼ Slight decrease
Metals						
Gold ($/g)	130.64	134.78	+3.16%	136.54	130.32	▲ Sustained increase
Silver ($/kg)	1864.33	1960.58	+5.16%	2043.15	1871.46	▲ Moderate increase
Steel ($/tonne)	1178.20	1192.67	+1.23%	1195.00	1190.00	▲ Slight increase
Aluminium ($/tonne)	3452.75	3368.79	-2.43%	3405.25	3334.75	▼ Slight decrease
Exported products						
Cocoa ($/tonne)	5,149.50	5,860.60	+13.81%	5939.00	5776.00	▲ Sharp rise
Cotton ($/tonne)	28.94	30.06	+3.87%	30.50	29.77	▲ Slight increase
Coffee ($/tonne)	7236.67	7182.66	-0.75%	7407.53	7054.79	▼ Nearly stable on the downside
Rubber	40.76	41.28	+1.28%	42.40	40.20	▲ Slight increase
Lumber ($/1000 board feet)	303	302.6	-0.13%	304.00	301.00	▼ Nearly stable on the downside
Imported products						
Corn ($/tonne)	165.09	162.29	-1.69%	165.38	160.97	▼ Slight decrease
Soybeans ($/tonne)	436.76	425.96	-2.47%	429.41	423.53	▼ Slight decrease
Rice ($/tonne)	504.56	520.07	+3.07%	525.00	512.50	▲ Moderate increase
Wheat ($/tonne)	241.46	235.43	-2.50%	239.62	231.90	▼ Slight decrease
Fertilizer ($/tonne)	3200.46	3050.69	-4.68%	3084.79	2968.66	▼ Moderate decrease
Copper ($/tonne)	13,743.10	14,200.50	+3.33%	14,455.00	13,945.00	▲ Moderate increase

2. Agricultural products consumed in large quantities in the two main metropolitan areas (Yaoundé and Douala)

The market for staple agricultural products in major metropolitan areas exhibited an overall upward trend during the period under review. This targeted inflationary dynamic was driven by the dramatic surge in potato (+50% to +60%) and maize (+28% to +33%) prices, as well as significant increases in red beans (+15%), red palm oil (+11%), cassava, taro, and sugar. This deterioration in purchasing power for fresh food was, however, partially mitigated by the stability of long-life dry goods (onions, garlic, peanuts, white beans), the continued price of state-regulated refined oil, and especially by the beneficial decline recorded in the price of tomatoes (-20%) and mackerel (-10%), which provided a slight respite for vegetables and staple proteins.

Table 2: Overview of agricultural consumer products

Products	Market price in CFA francs (N-1)	Market price in CFA francs (N)	Observation
August 2026	**July 27th to August 2nd**	**August 3rd to 9th**	
Tomato (CFA francs/ crate)	4000 - 5000	3000 - 4000	Slight price decrease over the week (-20%).
Cassava (CFA francs/ Filet)	12,000 – 13,000	13,000 – 14,000	Slight price increase over the week (+7.7%).
Potato (CFA Francs/Fill)	7,000 – 8,000	7,000 – 8,000	Price remained stable over the week.
Macabo (CFA/Filet)	20,000 – 22,000	22,000 – 23,000	Slight price increase over the week (+5% to +10%).
Onion (CFA francs/100 kg bag)	43,000 — 45,000	43,000 — 45,000	Price remained stable over the week.
Garlic (CFA francs/100 kg bag)	150,000 – 155,000	150,000 – 155,000	Price remained stable over the week .
Peanuts Garoua (CFA francs/100 kg bag)	58,000 – 63,000	58,000 – 63,000	Price remained stable over the week .
Garoua Peanuts (CFA francs/5L bag)	3200 - 3500	3000 - 3500	Slight price increase over the week .
Salt (CFA francs/bag)	2,800 – 3,000	2,800 – 3,000	Prices remained stable over the week.
Potato (CFA francs/15 L bucket)	2500 – 3000	4000 – 4500	Sharp price increase over the week (+50% to +60%) .
Sugar (CFA francs/kg)	800 - 1000	900 - 1000	Slight increase in prices over the week (+12.5%) .
Mackerel fish (CFA francs/kg)	2500 – 3000	2300 – 2500	Slight price decrease over the week (-8% to -16%).
Red bean (CFA francs/15 L bucket)	6500 - 7000	7500 - 8000	Slight increase in prices over the week (+14% to +15%).
White bean (CFA francs/15 L bucket)	13,500 – 14,000	13,500 – 14,000	Price remained stable over the week.
Refined oil (CFA francs/L)	1,400 – 1,500	1,400 – 1,500	Price approved.
Red palm oil (1L)	800 - 900	900 - 1000	Slight increase in prices over the week (+11% to +12.5%).
Corn (CFA francs/15 L bucket)	3000 - 3500	4000 - 4500	Slight increase in prices over the week (+28% to +33%).