Weekly report on the prices of raw materials and everyday food products

Week of July 20-26, 2026

By GECAM

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Introduction

The week of July 20-26, 2026, is marked by a contrasting evolution of commodity prices, reflecting adjustments linked to global economic prospects and geopolitical tensions.

1. Evolution of commodity prices

The week's commodity price trends reveal an upward trend. The energy market was marked by a sharp rise in Brent crude (+10.53%) and WTI crude (+9.13%) prices, reflecting persistent tensions in global energy markets. Industrial metals showed mixed performance, with increases in aluminum (+2.41%) and copper (+1.87%), while steel remained stable. Agricultural exports experienced mixed results: cocoa (-2.55%), coffee (-3.31%), and cotton (-0.25%) all declined, while rubber (+0.81%) and lumber (+0.07%) remained broadly stable. On the import side, cereals (maize, soybeans, rice and wheat) continued their upward trend, reflecting tensions on international agricultural markets, while fertilizer prices remained virtually unchanged.

Table 1: Overview of raw material prices

Materials	Average Course N	Average Course N	Variation N/N-1	Highest Price	Lowest Price	Observation
July 2026	**July 13th to 19th**	**July 20-26**	**%**	**H**	**B**	
			Energy			
Brent crude oil ($/Barrel)	85,564	94.57	**+10.53 %**	100.55	88.95	▲ Strong weekly increase
Crude oil - WTI (per barrel)	80,058	87,364	**+9.13 %**	92.28	83.14	▲ Strong weekly increase
Natural gas (/kWh)	849.32	846.98	**-0.28 %**	858.70	841.11	▲ Slight fold
			Metals			
Gold ($/g)	129.24	130.66	**+1.09 %**	132.80	128.80	▲ Slight increase
Silver ($/kg)	1833.72	1870.76	**+2.02 %**	1920.33	1814.56	▲ Slight increase
Steel ($/tonne)	1155.20	1155.20	**0.00 %**	1156.00	1154.00	► Price stability
Aluminium ($/tonne)	3469.20	3552.80	**+2.41 %**	3579.25	3528.00	▲ Slight increase
			Exported products			
Cocoa ($/tonne)	5,568.40	5,426.40	**-2.55 %**	5607.00	5301.00	▼ Slight fold
Cotton ($/tonne)	29.11	29.03	**-0.25 %**	29.40	28.30	▼ Slight fold
Coffee ($/tonne)	7323.76	7081.25	**-3.31 %**	7363.44	6812.28	▼ Slight Decrease
Rubber	40.95	41.28	**+0.81 %**	42.20	39.80	▲ Slight increase
Lumber ($/1000 board feet)	302.2	302.4	**+0.07 %**	310.00	39.80	▲ Slight increase
			Imported products			
Corn ($/tonne)	162.37	168.39	**+3.71 %**	170.53	165.01	▲ Slight increase
Soybeans ($/tonne)	442.21	452.72	**+2.38 %**	458.46	448.16	▲ Slight increase
Rice ($/tonne)	513.73	519.93	**+1.21 %**	526.47	514.34	▲ Slight increase
Wheat ($/tonne)	241.31	253.74	**+5.15 %**	259.46	249.54	▲ Moderate increase
Fertilizer ($/tonne)	3124.15	3120.92	**-0.10 %**	3158.53	3070.97	▼ Slight fold
Copper ($/tonne)	13,495.40	13,748.40	**+1.87 %**	13,895.00	13,617.00	▲ Slight increase

2. Agricultural products consumed in large quantities in the two main metropolitan areas (Yaoundé and Douala)

The market for staple agricultural products in major metropolitan areas exhibited mixed dynamics during the period under review. Vegetables and certain tubers saw a decline, notably tomatoes, sweet potatoes, and taro, due to improved market supply. Conversely, cassava and onions rose, reflecting persistent supply constraints. Cereals and pulses also showed an upward trend, particularly maize, as well as red and white beans, reflecting reduced availability. Mackerel experienced the largest price increase of the week, due to market scarcity. On the other hand, the prices of several essential goods, including garlic, peanuts, salt, potatoes, sugar, refined oil, and palm oil, remained generally stable, helping to limit inflationary pressures on households. Overall, the week was marked by a relaxation of prices for some fresh products, but also by tensions on several essential food items, suggesting a contrasting evolution of market supply conditions.

Table 2: Overview of agricultural consumer products

Products	Market price in CFA francs (N-1)	Market price in CFA francs (N)	Observation
July 2026	**July 13th to 19th**	**July 20-26**	
Tomato (CFA francs/crate)	5500 - 6500	4000 - 5000	Slight price decrease over the week.
Cassava (CFA francs/Filet)	8,000 – 10,000	12,000 – 13,000	Slight price increase over the week.
Potato (CFA Francs/Fill)	10,000 – 11,000	7,000 – 8,000	Slight price decrease over the week.
Macabo (CFA/Filet)	23,000 – 25,000	20,000 – 22,000	Slight price decrease over the week.
Onion (CFA francs/100 kg bag)	40,000–42,000	43,000 - 45,000	Slight price increase over the week
Garlic (CFA francs/100 kg bag)	150,000 – 155,000	150,000 – 155,000	Price remained stable over the week.
Peanuts Garoua (CFA francs/100 kg bag)	58,000 – 63,000	58,000 – 63,000	Price remained stable over the week.
Garoua Peanuts (CFA francs/5L bag)	3200 - 3500	3200 - 3500	Price remained stable over the week.
Salt (CFA francs/bag)	2,800 – 3,000	2,800 – 3,000	Prices remained stable over the week.
Potato (CFA francs/15 L bucket)	2500 – 3000	2500 – 3000	Price remained stable over the week.
Sugar (CFA francs/kg)	800 - 1000	800 - 1000	Prices remained stable over the week.
Mackerel fish (CFA francs/kg)	2,200 – 2,450	2500 – 3000	Sharp price increases over the week due to product scarcity on the market.
Red bean (CFA francs/15 L bucket)	6000 - 7000	6500 - 7000	Slight price decrease over the week.
White bean (CFA francs/15 L bucket)	12,000 – 13,000	13,500 – 14,000	Slight price decrease over the week.
Refined oil (CFA francs/L)	1,400 – 1,500	1,400 – 1,500	Price approved.
Red palm oil (1L)	800 - 900	800 - 900	Price stable.
Corn (CFA francs/15 L bucket)	2000 - 2500	3000 - 3500	Slight price decrease over the week.