Weekly report on the prices of raw materials and everyday food products

Week of 29 June to 5 July 2026

By GECAM

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Introduction

The week of 13 to 19 July 2026 was characterised by mixed trends in commodity prices, reflecting adjustments linked to the global economic outlook and geopolitical tensions. Overall, the week was marked by increased inflationary pressures on energy and food, whilst export commodities and precious metals saw a decline.

1. Commodity price trends

Commodity price movements during the week under review reveal an upward trend. The energy market was characterised by a spectacular surge in Brent crude (+11.5 per cent) and WTI (+12.8 per cent), driven by geopolitical tensions, which contrasted with a sharp fall in natural gas (-9.10 per cent). This rise in crude oil prices reflects widespread concerns over food security, illustrated by the surge in staple cereals (wheat up 7.53 per cent, rice up 4.92 per cent) and the rise in fertiliser prices (up 3.78 per cent), which threaten to increase future agricultural costs. Conversely, the revenues of producing countries are likely to come under pressure due to the correction in cash crops such as cocoa (-5.48 per cent) and coffee (-3.43 per cent), despite slight increases for cotton and rubber. Finally, the metals sector shows relative stability in industrial materials (steel virtually unchanged, copper and aluminium up slightly), whilst safe-haven assets such as gold (-2.35 per cent) and silver (-5.14 per cent) are experiencing significant profit-taking.

Table 1 : Overview of commodity prices

Commodities	**Average Price N**	**Average Price N**	**Change N/N-1**	**Highest price**	**Lowest price**	Comment
Month	**6 to 12 July**	**13 to 19 July**	**%**	**H**	**B**	
Energy						
Brent crude oil ($/ barrel)	75.876	85.564	**+12.77%**	88.08	83.29	▲ Sharp rise
Crude oil – WTI (per barrel)	71.836	80.058	**+11.45%**	82.45	78.03	▲ Sharp rise
Natural gas (per kWh)	934.31	849.32	-9.10%	855.77	838.18	▼ Sharp Fall
Metals						
Gold ($/g)	132.35	129.24	**-2.35%**	130.49	128.66	▼ Slight fall
Silver ($/kg)	1,933.00	1,833.72	**-5.14%**	1,886.57	1,785.30	▼ Moderate fall
Steel ($/tonne)	1,155.60	1,155.20	**-0.03%**	1,158.00	1,154.00	▼ Virtually unchanged
Aluminium ($/tonne)	3,463.20	3,469.20	**+0.17%**	3,529.00	3,428.00	▲ Virtually unchanged
Exported products						
Cocoa ($/tonne)	5,891.20	5,568.40	**-5.48%**	5,737.00	5,216.00	▼ Moderate fall
Cotton ($/tonne)	28.15	29.11	**+3.39%**	29.77	28.30	▲ Slight increase
Coffee ($/tonne)	7,583.90	7,323.76	**-3.43%**	7,517.76	7,076.84	▼ Slight fall
Rubber	40.5	40.95	**+1.11%**	41.20	40.80	▲ Slight rise
Timber ($/1,000 board feet)	303.6	302.2	**-0.46%**	305.00	300.00	▼ Virtually unchanged
Imported products						
Maize ($/tonne)	160.82	162.37	**+0.96%**	164.28	162.07	▲ Slight rise
Soya ($/tonne)	437.94	442.21	**+0.97%**	443.75	441.91	▲ Slight rise
Rice ($/tonne)	489.61	513.73	**+4.92%**	515.44	511.03	▲ Slight to moderate
Wheat ($/tonne)	224.40	241.31	**+7.53%**	251.75	226.02	▲ Sharp rise
Fertiliser ($/tonne)	3,010.23	3,124.15	**+3.78%**	3,162.67	3,092.17	▲ Slight increase
Copper ($/tonne)	13,294.80	13,495.40	**+1.51%**	13,565.00	13,373.50	▲ Slight increase

2. Mass-market agricultural products in the two main cities (Yaoundé and Douala)

The market for widely consumed agricultural products in the major cities has, over the period under review, shown an overall stable trend. However, this overall stability masks specific disparities and risks: the market is experiencing critical shortages of mackerel due to a marked scarcity of the product, whilst the price of macabo remains particularly high. Conversely, the supply of cereals and pulses such as maize and white beans remains steady, with prices held at low levels, whilst essential commodities such as refined oil and sugar continue to comply with official price controls.

Table 2: Overview of widely consumed agricultural products

Products	Market price in CFA francs (N)	Market price in CFA francs (N)	Comment
July 2026	**6 to 12 July**	**13–19 July**	
Tomatoes (F CFA per crate)	5,500 – 6,500	5,500 – 6,500	Prices remained stable over the week.
Cassava (F CFA/bag)	8,000 – 10,000	8,000 – 10,000	Price stable over the week.
Potatoes (F CFA/net)	10,000 – 11,000	10,000 – 11,000	Price stable over the week.
Macabo (F CFA/net)	23,000 – 25,000	23,000 – 25,000	Price stable over the week.
Onions (CFA francs/100 kg bag)	40,000 — 42,000	40,000 — 42,000	Price stable over the week.
Garlic (F CFA/100 kg bag)	150,000 – 155,000	150,000 – 155,000	Price stable over the week.
Garoua groundnuts (CFA francs per 100 kg bag)	58,000 – 63,000	58,000 – 63,000	Price stable over the week.
Garoua peanuts (CFA francs per 5-litre bag)	3,200 – 3,500	3,200 – 3,500	Price stable over the week.
Salt (F CFA/bag)	2,800 – 3,000	2,800 – 3,000	Prices remained stable over the week.
Potatoes (CFA francs per 15-litre bucket)	2,500 – 3,000	2,500 – 3,000	Price stable over the week.
Sugar (F CFA/kg)	800–1,000	800–1,000	Prices remained stable over the week.
Mackerel (CFA francs/kg)	2,200 – 2,450	2,200 – 2,450	Prices remained high and stable over the week, with the product in short supply on the market.
Red beans (F CFA/15-litre bucket)	6,000 – 7,000	6,000–7,000	Price remained stable over the week.
White beans (F CFA/15-litre bucket)	12,000 – 13,000	12,000 – 13,000	Price low and stable over the week.
Refined oil (F CFA/litre)	1,400 – 1,500	1,400 – 1,500	Approved price.
Red palm oil (1L)	800–900	800–900	Price stable.
Maize (F CFA/15-litre bucket)	2,000–2,500	2,000–2,500	Price low and stable over the week.