Weekly report on the prices of raw materials and everyday food products

Week of 6 to 12 July 2026

By GECAM

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Introduction

The week of 6 to 12 July 2026 was characterised by mixed trends in commodity prices, reflecting adjustments linked to the global economic outlook and geopolitical tensions. Overall, this week saw a general strengthening of commodity markets, with the exception of natural gas, rubber and timber, which recorded slight declines.

1. Trends in commodity prices

Commodity price movements during the week under review show an upward trend. Energy commodities recorded a sharp rebound, with Brent rising by 5.25 per cent and WTI by 3.84 per cent, whilst natural gas fell slightly (-1.60 per cent). In the metals market, prices performed well, particularly for gold (+1.12 per cent) and aluminium (+2.03 per cent), whilst steel remained virtually stable. Export commodities posted the strongest performances, with cocoa (+18.59 per cent) and coffee (+11.45 per cent) soaring, reflecting persistent global supply pressures. Finally, all imported commodities rose in price, particularly soya (+6.26 per cent), maize (+5.38 per cent) and wheat (+4.73 per cent), which could lead to an increase in the cost of importing foodstuffs and agricultural inputs for importing countries.

Table 1: Overview of commodity prices

Commodity	Average price (previous year)	Average price N	Change compared to N-1	Highest price	Lowest price	Comment
July 2026	**29 June to 5 July**	**6 to 12 July**	%	**H**	**B**	
			Energy			
Brent crude oil ($/barrel)	72.09	75.876	+5.25%	79.30	72.06	▲ Brent prices rebound
Crude oil – WTI (per barrel)	69.18	71.836	+3.84%	74.82	68.74	▲ WTI rises, in line with Brent
Natural gas (/kWh)	949.55	934.31	-1.60%	958.34	861.63	▼ Slight fall
			Metals			
Gold ($/g)	130.89	132.35	+1.12%	133.91	131.11	▲ Slight rise
Silver ($/kg)	1925.67	1933.00	+0.38%	1,996.53	1,875.00	▲ Slight increase
Steel ($/tonne)	1155.00	1,155.60	+0.05%	1,158.00	1,155.00	▲ Slight rise
Aluminium ($/tonne)	3,394.44	3,463.20	+2.03%	3,503.75	3,409.75	▲ Slight rise
			Exported products			
Cocoa ($/tonne)	4,967.67	5,891.20	+18.59%	6,309.00	5,602.00	▲ Sharp rise
Cotton ($/tonne)	26.58	28.15	+5.90%	29.40	27.20	▲ Moderate rise
Coffee ($/tonne)	6,804.94	7,583.90	+11.45%	8,024.83	7,142.98	▲ Sharp rise
Rubber	40.6	40.5	-0.25%	41.00	40.00	▼ Slight increase
Timber ($/1,000 board feet)	306.4	303.6	-0.91%	307.00	300.00	▼ Slight increase
			Imported products			
Maize ($/tonne)	152.61	160.82	+5.38%	163.18	158.03	▲ Moderate rise
Soya ($/tonne)	412.13	437.94	+6.26%	441.18	434.19	▲ Moderate rise
Rice ($/tonne)	483.95	489.61	+1.17%	495.96	484.19	▲ Slight increase
Wheat ($/tonne)	214.26	224.40	+4.73%	224.92	221.24	▲ Moderate rise
Fertiliser ($/tonne)	2,911.75	3,010.23	+3.38%	3,076.50	2,974.19	▲ Slight rise
Copper ($/tonne)	13,262.80	13,294.80	+0.24%	13,408.50	13,090.00	▲ Slight rise

2. Mass-market agricultural products in the two main cities (Yaoundé and Douala)

The market for widely consumed agricultural products in the major cities remained broadly stable over the period under review. The main developments included a fall in the prices of tomatoes and cassava, due to improved supply, whilst macabo, onions and groundnuts recorded increases, attributable to supply constraints and sustained demand. Prices for other staple foods (sugar, salt, oils, maize, beans and potatoes) remained stable.

Table 2: Overview of widely consumed agricultural products

Products	Market price in CFA francs (N-1)	Market price in CFA francs (N)	Observation
July 2026	**29 June to 5 July**	**6 to 12 July**	
Tomatoes (CFA francs per crate)	6,000–7,000	5,500–6,500	A slight fall in prices over the week.
Cassava (F CFA/net)	10,000 – 11,000	8,000 – 10,000	Prices fell slightly over the week.
Potatoes (F CFA/net)	10,000 – 11,000	10,000 – 11,000	Prices remained stable over the week.
Macabo (F CFA/net)	19,000 – 21,000	23,000 – 25,000	Prices rose slightly over the week.
Onions (CFA francs/100 kg bag)	30,000 — 35,000	40,000 — 42,000	Sharp rise in prices over the week.
Garlic (CFA francs per 100 kg bag)	150,000 – 155,000	150,000 – 155,000	Prices stable over the week
Garoua groundnuts (CFA francs per 100 kg bag)	55,000 – 60,000	58,000 – 63,000	Prices rose slightly over the week.
Garoua peanuts (F CFA/5-litre bag)	3,000 – 3,500	3,200–3,500	A slight rise in prices over the week.
Salt (F CFA/bag)	2,800 – 3,000	2,800 – 3,000	Prices remained stable over the week.
Potatoes (CFA francs per 15-litre bucket)	2,500 – 3,000	2,500 – 3,000	Price stable over the week.
Sugar (F CFA/kg)	800–1,000	800–1,000	Prices remained stable over the week.
Mackerel (CFA francs/kg)	2,200 – 2,450	2,200 – 2,450	Prices remained high and stable over the week, with the product in short supply on the market.
Red beans (F CFA/15-litre bucket)	6,000 – 7,000	6,000 – 7,000	Price stable over the week.
White beans (F CFA/15-litre bucket)	12,000 – 13,000	12,000 – 13,000	Price low and stable over the week.
Refined oil (F CFA/L)	1,400 – 1,500	1,400 – 1,500	Approved price.
Red palm oil (1L)	800–900	800–900	Price stable, supported by improved seasonal availability.
Maize (F CFA/15-litre bucket)	2000–2500	2,000–2,500	Prices remained low and stable over the week.