Weekly report on the prices of raw materials and everyday food products

Week of 29 June to 5 July 2026

By GECAM

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Introduction

The week of 29 June to 5 July 2026 was marked by mixed trends in commodity prices, reflecting adjustments linked to the global economic outlook and geopolitical tensions. Overall, the week was characterised by falling energy prices, volatility in metals and a strengthening of key agricultural commodities.

1. Commodity price trends

Commodity price movements during the week under review revealed a mixed picture. The energy sector recorded a widespread decline, marked by falls in Brent (-4.02 per cent) and WTI (-3.52 per cent) prices, whilst natural gas remained relatively stable (-0.25 per cent). In the metals market, aluminium saw the sharpest correction (-8.42 per cent), whilst steel rose (+1.12 per cent). Among export commodities, coffee (+7.70 per cent) and cocoa (+2.87 per cent) were the top performers, in contrast to cotton and rubber, which fell slightly. Finally, most imported goods trended upwards, notably fertilisers (+3.20 per cent) and rice (+2.26 per cent), which could put further pressure on agricultural production costs and food imports.

Table 1: Overview of commodity prices

Commodities	Average Price N	Average price N	Change Y/Y	Highest price	Lowest price	Comment
June 2026	**22 to 28 June**	**29 June to 5 July**	**%**	**H**	**B**	
			Energy			
Brent crude oil ($/barrel)	75.108	72.09	-4.02%	72.92	71.23	▼ Price fall
Crude oil – WTI (per barrel)	71.702	69.18	-3.52%	70.51	68.13	▼ Price fall
Natural gas (per kWh)	951.89	949.55	-0.25%	961.27	943.69	▼ Slight fall in prices
			Metals			
Gold ($/g)	131.24	130.89	-0.27%	132.59	128.87	▼ Slight fall in prices
Silver ($/kg)	1938.01	1925.67	-0.64%	2004.89	1,875.00	▼ Slight fall in prices
Steel ($/tonne)	1,142.20	1,155.00	+1.12%	1,159.00	1,152.00	▲ Slight rise in prices
Aluminium ($/tonne)	3,706.50	3,394.44	-8.42%	3,435.25	3,365.50	▼ Sharp fall in prices
			Exported Products			
Cocoa ($/tonne)	4,829.00	4,967.67	+2.87%	5,006.00	4,895.00	▲ Slight rise in prices
Cotton ($/tonne)	26.90	26.58	-1.18%	26.83	26.46	▼ Slight fall in prices
Coffee ($/tonne)	6,318.45	6,804.94	+7.70%	7,142.98	6,415.45	▲ Sharp rise in prices
Rubber	40.85	40.6	-0.61%	41.80	39.80	▼ Slight fall in prices
Timber ($/1,000 board feet)	299.6	306.4	+2.27%	309.00	304.00	▲ Slight rise in prices
			Imported products			
Maize ($/tonne)	150.97	152.61	+1.08%	156.19	147.37	▲ Slight rise in prices
Soya ($/tonne)	411.25	412.13	+0.21%	416.18	416.18	▲ Slight rise in prices
Rice ($/tonne)	473.24	483.95	+2.26%	488.97	475.74	▲ Slight rise in prices
Wheat ($/tonne)	213.23	214.26	+0.48%	217.93	209.11	▲ Slight rise in prices
Fertiliser ($/tonne)	2,821.57	2,911.75	+3.20%	2,997.70	2,820.28	▲ Slight rise in prices
Copper ($/tonne)	13,327.70	13,262.80	-0.49%	13,341.00	13,170.00	▼ Slight fall in prices

2. Mass-market agricultural products in the two main cities (Yaoundé and Douala)

The market for widely consumed agricultural products in the major cities remained broadly stable over the period under review. Staple foods such as tomatoes, cassava, potatoes, macabo, onions, garlic, sugar, groundnuts, salt and cooking oils showed no significant price changes. By contrast, potatoes and maize experienced a slight fall in prices, probably due to an improvement in market supply. Mackerel remained at a relatively high price level despite stable market rates, reflecting continued limited availability.

Table 2: Overview of widely consumed agricultural products

Products	Market price in CFA francs (N-1)	Market price in CFA francs (N)	Observation
June 2026	**22 to 28 June**	**29 June to 5 July**	
Tomatoes (CFA francs per crate)	6,000–7,000	6,000–7,000	Prices remained stable over the week.
Cassava (F CFA/bag)	10,000 – 11,000	10,000 – 11,000	Prices remained stable over the week.
Potatoes (F CFA/net)	10,000 – 11,000	10,000 – 11,000	Prices remained stable over the week.
Macabo (F CFA/net)	19,000 – 21,000	19,000 – 21,000	Prices stable over the week.
Onions (CFA francs/100 kg bag)	30,000 — 35,000	30,000 — 35,000	Prices remained stable over the week.
Garlic (F CFA/100 kg bag)	150,000 – 155,000	150,000 – 155,000	Prices stable over the week
Garoua groundnuts (CFA francs per 100 kg bag)	55,000 – 60,000	55,000 – 60,000	Prices stable over the week.
Garoua peanuts (CFA francs per 5-litre bag)	3,000 – 3,500	3,000 – 3,500	Prices remained stable over the week.
Salt (F CFA/bag)	2,800 – 3,000	2,800 – 3,000	Prices remained stable over the week.
Potatoes (CFA francs per 15-litre bucket)	3,000 – 3,500	2,500 – 3,000	Prices rose slightly over the week.
Sugar (F CFA/kg)	800–1,000	800–1,000	Prices remained stable over the week.
Mackerel (CFA francs/kg)	2,200 – 2,450	2,200 – 2,450	Prices remained high and stable over the week, with the product in short supply on the market.
Red Beans (CFA francs per 15-litre bucket)	6,000 – 7,000	6,000 – 7,000	Prices rose slightly over the week.
White beans (CFA francs per 15-litre bucket)	12,000 – 13,000	12,000 – 13,000	Prices remained low and stable over the week.
Refined oil (F CFA/L)	1,400 – 1,500	1,400 – 1,500	Approved price.
Red palm oil (1L)	800–900	800–900	Price stable, supported by improved seasonal availability.
Maize (F CFA/15-litre bucket)	2,500–3,000	2000–2500	Prices are low and have fallen slightly over the week.