

# Weekly update on commodity and consumer food prices

20–24 April 2026

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## Introduction

The week of 20 to 24 April 2026 was marked by mixed trends in commodity prices, reflecting adjustments linked to the global economic outlook and geopolitical tensions. Overall, the week reflected a cautious global market, dominated by economic uncertainty.

### 1. Commodity price trends

Commodity prices showed mixed trends during the week of April 20–24, with upward trends dominating several energy and agricultural sectors, but a significant decline in certain precious metals and tropical commodities.

**In the energy sector**, Brent rose sharply (+6.60%), while WTI (West Texas Intermediate) rose only slightly (+1.24%). Natural gas remained virtually stable (+0.61%), indicating moderate but positive momentum.

**In metals**, gold (-1.34%) and silver (-2.02%) are down, while copper (+0.89%) is trending slightly higher, and steel and aluminum are holding steady overall, with minor fluctuations.

**For exported goods**, cocoa declined (-1.72%), while cotton (+2.39%) and coffee (+1.07%) rebounded slightly; rubber posted the strongest increase (+5.91%).

**Imported commodities** are rising (corn, soybeans, rice, wheat) with the exception of fertilizer (-2.02%), which is trending downward.

Commodities	Average Price N-1	Average Price N	Change N/N-1	Highest price	Lowest price	Comment
April	11 to 19	20 to 26	%	H	B	
<b>Energy</b>						
Brent crude oil (\$/barrel)	95.44	101.74	<b>+6.60%</b>	106.51	91.4	▲ Net increase in average prices over the week.
Crude oil — WTI (per barrel)	91.84	92.98	<b>+1.24%</b>	97.89	89.61	▲ Slight rise in average prices over the week.
Natural gas (/kWh)	771.363056	776.05	<b>+0.61%</b>	797.15	738.54	▲ Marginal increase
<b>Metals</b>						
Gold (\$/g)	154.30	152.23	<b>-1.34%</b>	155.00	150.90	▼ Down over the week.
Silver (\$/kg)	2531.25	2480.00	<b>-2.02%</b>	2569.80	2425.70	▼ Moderate decline in average prices
Steel (\$/tonne)	1046.00	1045.00	<b>-0.10%</b>	1,047	1,042	▼ Average prices remain stable.
Aluminium (\$/tonne)	3,602.60	3,584.95	<b>-0.49%</b>	3617	3546	▼ Slight decrease
<b>Exported products</b>						
Cocoa (\$/tonne)	3,373.00	3,315.00	<b>-1.72%</b>	3,369	3,220	▼ Downward trend
Cotton (\$/tonne)	27.71	28.37	<b>+2.39%</b>	28.70	27.93	▲ Upward trend
Coffee (\$/tonne)	6583.00	6653.55	<b>+1.07%</b>	6966.60	6,371.40	▲ Slight increase
Rubber (USD Cents / Kg)	33.52	35.50	<b>+5.91%</b>	36.60	33.60	▲ Sharp rise

Timber (\$/1000 board pieds)	326.4	323.60	<b>-0.86%</b>	326.00	324.00	▼ Slight decrease
<b>Imported products</b>						
Maize (\$/tonne)	164.13	166.92	<b>+1.70%</b>	167.60	166.10	▲ Moderate increase
Soya (\$/tonne)	427.35	428.38	<b>+0.24%</b>	431.60	426.80	▲ Stable market
Rice (\$/tonne)	399.63	403.97	<b>+1.09%</b>	409.20	391.90	▲ Significant increase
Wheat (\$/tonne)	217.49	222.12	<b>+2.13%</b>	225.30	219.00	▲ Significant increase
Fertiliser (\$/tonne)	3,378.43	3,310.14	<b>-2.02%</b>	3,348.40	3,280.20	▼ Significant fall
Copper (\$/tonne)	13,079.90	13,196.30	<b>+0.89%</b>	13,230.00	13,163.00	▲ Slight increase

## 2. Mass-market agricultural products in the two main cities (Yaoundé and Douala)

The market for staple agricultural products shows stable prices, with unchanged ranges for tomatoes, Maize, cassava, potatoes, macabo, onions, garlic, groundnuts, salt, potatoes, sugar, mackerel, beans and refined oils. However, there is one notable exception: red palm oil (1L) has fallen in price, likely due to improved seasonal availability.

Products	Market price in CFA francs (N)	Market price in CFA francs (N)	Observation
<b>26 April</b>	<b>13 to 17</b>	<b>20 to 24</b>	
Tomatoes (CFA francs/ crate)	3,500 - 4,500	3,500 - 4,500	Prices stable over the week.
Cassava (F CFA/bag)	9,000 - 10,000	9,000 - 10,000	Prices stable over the week.
Potato (CFA francs/net)	10,000 - 12,000	10,000 - 12,000	Prices remained stable over the period observed.
Macabo (CFA francs/net weight)	18,000 - 20,000	18,000 - 20,000	Prices unchanged.
Onions (CFA francs/100 kg bag)	25,000 - 27,000	25,000 - 27,000	Prices stable over the week.
Garlic (CFA francs/100 kg bag)	150,000 - 170,000	150,000 - 170,000	Prices remain stable.
Garoua groundnuts (CFA francs/100 kg bag)	50,000 - 60,000	50,000 - 60,000	Prices stable over the week.
Salt (F CFA/bag)	5,000 - 6,000	5,000 - 6,000	Prices stable over the week.
Potatoes (CFA francs/15-litre bucket)	5,000 - 6,000	5,000 - 6,000	Prices stable over the week.
Sugar (F CFA/kg)	800 - 1,000	800 - 1,000	Prices stable over the week.
Mackerel (CFA francs/kg)	1800 - 2200	1800 - 2200	Prices unchanged, scarce on the market.
Red beans (CFA francs/15-litre bucket)	8,000 - 9,000	8,000 - 9,000	Prices stable over the week.
White beans (F CFA/15-litre bucket)	13,000 - 15,000	13,000 - 15,000	Prices stable over the week.
Refined oil (F CFA/L)	1,400 - 1,500	1,400 - 1,500	Prices stable on the markets.
Red palm oil (1L)	800 - 900	700 - 800	Prices falling, supported by improved seasonal availability.
Maize (F CFA/15-litre bucket)	4000 - 4500	4,000 - 4,500	Price stability.